

# Nonprofit Founded by Auburn Student Aims to Brighten Lives of Retirement Home Residents

AUBURN, Ala. - Auburn college student launches a nonprofit to enrich the lives of retirement home residents, driven by her passion for service and dedication to bringing joy and companionship.

Elizabeth Monroe is an Auburn University student from Montgomery, Alabama, pursuing her undergraduate degree in Human Development and Family Sciences. She is not your average college student; she embodies wisdom and compassion, deeply committed to the well-being of her local community. Throughout her life, she embodies passion for helping others and engaging in nonprofit work. This initiative began during her high school years in her hometown, motivated by a simple idea that inspired her profoundly. At the time, she was uncertain of how to bring her ideas to life, but her determination kept her moving forward.

Upon moving to Auburn for college, she initiated a discussion with the student minister at her local church, Church of the Highlands. After inquiring about a space to create wreaths, the student minister was quickly captivated by the idea and agreed to provide their outreach building for the initiative, encouraging community involvement. Her effort has inspired many, leading to countless donations and volunteers devoted to contributing.

In 2019 Monroe officially launched her non-profit organization, A-Door Him, with a mission to spread the love of Jesus to the elderly population in nursing homes through regular visits, holiday decorations and handcrafted personal items from volunteers. With the help of volunteers from local churches, the Auburn Student-Athlete Advisory Committee, the Auburn HDFS Professionals Club, family, friends and mentors, her initiatives were successfully brought to life.

With the help of these volunteers, Monroe has been able to design and create handcrafted decor, cards, and various personal items, as well as deliver these items and interact weekly with the “elderly angels”.



In an interview, Monroe discussed what inspired her passion for nonprofit organizations. She states, “My great aunt didn’t have many family members that were able to come visit her in the nursing home, so that inspired me to help residents like her in the nursing homes feel loved and appreciated.” From the moment I met Monroe, it was evident that her deep compassion and strong commitment to helping others were truly astonishing.

In addition to her work with the senior community, Monroe spends most of her free time volunteering at local non-profit organizations. This past year, she volunteered at an organization called Big House, a local non-profit for foster care families with the goal of providing clothes and items for foster children. Recently, she began volunteering at The Exceptional Foundation, a year-round social and recreational service for adults and children with intellectual disabilities.

When asked about her professional goals beyond graduation, she responded, "If I weren't pursuing nonprofit work, I would consider social work or foster care. I have a strong passion for assisting not only the elderly but also local foster children." Her comprehensive commitment reflects her determination to make a positive impact in various communities.

As Monroe continues to broaden her initiatives, her impact not only transforms the lives of those she directly serves but also inspires others to support and join her mission. Through her unwavering dedication, Monroe has demonstrated that a personal vision can truly foster meaningful change in the community.

To discover more about Monroe’s initiative and how you can support A-Door Him, please visit [adoorhim.org](http://adoorhim.org) or contact Elizabeth Monroe directly at [adoorhim@gmail.com](mailto:adoorhim@gmail.com). Those interested in contributing through donation, volunteer opportunities, or learning about upcoming events are welcome to reach out and support A-Door Him. Your support can make a significant impact on the lives of the senior community.